

# Meal Options

## Breakfast 1

Pancakes  
Cereal  
Fruit  
Yogurt  
Milk/Juice

## Breakfast 2

Biscuits &  
Sausage Gravy  
Cereal  
Fruit  
Yogurt  
Milk/Juice

## Lunch/Dinner 1

Pizza (3 pieces)  
Chips  
Cookies (2)  
Drink

## Lunch/Dinner 2

Ham/Turkey Sandwich  
Chips  
Cookies (2)  
Drink

## Lunch/Dinner 3

Vegetable Soup/Chili  
Grilled Cheese  
Cookies (2)  
Drink

## Lunch/Dinner 4

Manwich Sandwich  
Chips  
Cookies (2)  
Drink